COVID-19 Patient Information and Consent Form

We have conducted a thorough risk assessment at Natural Balance to ensure high levels of safety are implemented and maintained at our clinics: Blue Ridge and the Chiros Health Clinic.

We are following the most up-to-date guidance by the UK Government, Public Health England, Health and Safety Executive, Complementary & Natural Health Care Council, Association of Physical and Natural Therapists.

We have put in place stringent patient triage, as well as hygiene, sanitation and infection control protocols to protect our patients and ourselves.

Despite these precautions, there is a risk of transmission of COVID-19, and it is important that you understand the risk. We have provided the information below to help you decide if you wish to continue with your care at Natural Balance, and remind you that you are under no obligation to do so.

Precautions we have in place

* We enforce a strict policy that anyone with COVID-19 or symptoms of the virus must stay away from the clinic.
* We will not see anyone who has been told to self-isolate, or is awaiting their COVID-19 test results, or if they have been tested positive for COVD-19 in the last 14 days, or if anyone in their household has symptoms or is self-isolating or has been tested positive for COVD-19 in the last 14 days, or if the same applies to anyone they have been in contact with recently.
* A temperature check may be made on arrival at the clinic.
* A strict cleaning, sanitation and infection control protocol is adhered to.
* All team members at Natural Balance adhere to the social distancing guidance issued by the Government.
* The layout of the clinics has been adapted to help maintain social distancing.
* We are spacing out appointments to help with social distancing and cleaning.
* If you come by car, we ask that you wait in your vehicle until your therapist is ready to see you.
* Therapists will be wearing a face mask.
* You, the patient, are also required to wear a face mask throughout your treatment – this can be purchased from us if you don’t have one of your own.
* Sanitising hand gel is available to all patients.

We are committed to ensuring that every measure is in place to minimise the risk of exposure to COVID-19, yet we cannot guarantee that there is no risk to you as a result of attending our clinic.

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| “People can catch COVID-19 from others who have the virus. The disease can spread from person to person through small droplets from the nose or mouth which are spread when a person with COVID-19 coughs or exhales. These droplets land on objects and surfaces around the person. Other people then catch COVID-19 by touching these objects or surfaces, then touching their eyes, nose or mouth. People can also catch COVID-19 if they breathe in droplets from a person with COVID-19 who coughs or exhales droplets.  The risk of catching COVID-19 from someone with no symptoms at all is very low. However, many people with COVID-19 experience only mild symptoms. This is particularly true at the early stages of the disease. It is therefore possible to catch COVID-19 from someone who has, for example, just a mild cough and does not feel ill.”  (From the World Health Organisation) |

Eligibility for care

In addition to those with COVID-19, symptoms of COVID-19, self-isolating, or living with someone with or suspected to have COVID-19 or self-isolating, or who have been in contact with anyone with or suspected to have COVID-19, we are currently not accepting patients from the vulnerable “at risk” groups defined below:

* Who have had an organ, bone marrow or stem cell transplant.
* Who are having chemotherapy, antibody treatment, immunotherapy, radiotherapy, or other targeted cancer treatment.
* Who have a long-term underlying medical condition such as:
  + Chronic respiratory disease
  + Chronic heart disease
  + Chronic kidney disease
  + Chronic liver disease
  + Chronic neurological conditions
  + Diabetes
  + Problems with or removal of the spleen
  + A weakened immune system from conditions such as HIV and AIDS, or from steroids / immunosuppressants
  + Blood or bone marrow cancer
* Pregnant

Consent to receive care at Natural Balance

* I have answered all triage questions relating to my potential exposure to COVID-19 truthfully.
* I understand that there is a potential risk of transmission of COVID-19 as a result of attending the clinic, and/or receiving treatment.
* I have had the opportunity to ask all the questions I wish, and all my questions have been answered to my satisfaction.
* I have read, agreed to and understood the statements above relating to COVID-19 risk, and I consent to receive care at Natural Balance.

Patient’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Patient’s Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_